

INTRO TO BALLET CLASS

For true beginners: students will learn the fundamentals of classical ballet. Each class will include the study and practice of traditional barre and center exercises with an emphasis on proper alignment, technique, and musicality.

5 CLASSES FOR \$55.00

Limit: 20 students/session

No Make-ups, No Refunds

Saturdays 12:30-1:30 PM

*Please call (301) 608-2232
for the next session
start dates*

COME DANCE WITH US!



MYB
Mission Statement

Since 1971, the mission of MYB has been to provide the highest caliber of training and performance opportunities to prepare young dancers for a career in the performing arts as well as to provide classes to dancers of all ages and levels in the community.

The Children's Program puts deliberate emphasis on pre-professional achievement with each level carefully crafted to provide the most comprehensive training and coaching in order to produce the high quality dancer that MYB is known for.

The Adult Program, spanning levels from basic beginner through advanced, enjoys the same faculty as the children's program, offering our adults (ages 13 and up) the finest teachers of ballet, stretch, and classical core-conditioning in the region.

MYB alumni are currently performing with such notable companies as American Ballet Theatre, New York City Ballet, Joffrey Ballet, Oregon Ballet, Sacramento Ballet, and Orlando Ballet, among others.

In January 2007, after over 30 years in Bethesda, MYB moved to a beautiful new, 12,000 sq ft, custom-designed and built space in *Downtown Silver Spring's Arts and Entertainment District* where it has 5 spacious studios, 16' ceilings, and custom floors.

Silver Spring, MD 20910

926 Ellsworth Drive



ADULTS
INTRO TO
BALLET
Mini-Sessions

**No previous training
necessary.**

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