



Music & Motion

Maryland Youth Ballet Outreach



MYB's Music & Motion program provides unique dance classes for children with physical and developmental disabilities. It was co-founded in 2004 by Jennifer Cox, a retired MYB ballet teacher whose granddaughter was born with cerebral palsy, together with Dr. Rebecca Leonard, her pediatric physical therapist. Our mission is to create a welcoming and creative environment where students are empowered to discover their own artistic expression through music and movement. In our one-of-a-kind dance studio with custom designed and installed equipment, children have the opportunity to experience the joy of dance movement with the aid of an overhead track system which suspends them in a vest harness giving them the freedom to move without a walker or a wheelchair.

Each class is led by a specialized dance teacher in collaboration with Dr. Leonard. Classes are accompanied by a live professional pianist and MYB advanced level students volunteer as helpers.

Children must be between 4 and 12 years old, be open to guidance, have a cooperative attitude, and be comfortable in social environments that include music, light, expansive space, and movement.

Prior to registration, a new student evaluation by Dr. Leonard is required.

This may be completed via a Zoom meeting or phone call.

Classes are held Saturdays at: 10:30-11:30am and 11:30am-12:30pm

- Session I: September 13 – November 15, 2025
- Session II: January 10 – March 14, 2026
- Session III: TBD

For further information, please email: MM@marylandyouthballet.org

